



Oral Health & Development

Infants, Toddlers & Children

Before & After First Tooth Erupt

0-6 months



Clean baby's gums with damp cloth or gauze



- The first teeth erupt between 6-12 months
- A cool (refrigerated) teething toy helps to ease pain
- Start brushing 2x Daily when 1st tooth appears

Preventing Early Tooth Decay

6 months-6 years

Use rice-grain size dab of toothpaste for kids under age 3



Use pea-sized dab of toothpaste for kids under 6 years old



- Provide a wholesome, nutritious diet that is low in sugars
- Schedule 1st dental visit no later than 1st birthday
- Floss when teeth start touching



Protective Factors

6 years-12 years

Attacking factors

The tug of war

Protecting factors



Bacteria

Sugars

Saliva

Fluoride

